

Bridgnorth Canoe Club

Document history:

13-Jul-20 (draft for review)

15-Jul-20 (comments from BC Committee)

As an affiliated club of British Canoeing the BCC Committee have followed guidance from UK Gov and British Canoeing (BC) and have not functioned as a club during the lockdown period.

On the 18th June the Committee (virtually) met to consider re-activating the club on a “phased” basis and gradually resume club activities in line with UK Gov and BC guidelines.

Any club activities will be considered on a risk based approach adopting measures to control and mitigate the risk of transmitting COVID-19 in line with UK Gov and BC published guidelines.

British Canoeing (<https://www.britishcanoeing.org.uk/news/2020/covid-19-update-guidance-for-british-canoeing-affiliated-clubs>)

COVID-19 Update: Guidance for British Canoeing affiliated clubs (1 June 2020, updated 30 June 2020)

In addition to facilities associated with outdoor sports being permitted to re-open from 13 May, (subject to them being ready to do so safely) from 1 June groups of six are now permitted to meet, subject to social distancing restrictions being met. This means that club activities can now take place, where any paddling activity within the club has had due diligence and a risk assessment carried out by the relevant and accountable club representative(s), is organised and delivered in groups of no more than 6 club members.

From 4 July, up to two households are permitted to gather in groups of more than 6 people indoors or outdoors, provided members of different households can follow social distancing guidelines. Otherwise, gatherings of more than 6 people indoors or outdoors from different households continue not to be permitted. Social distancing guidelines should be followed wherever possible. From 4 July, this means a distance of 2m between people from different households, or 1m plus mitigations (such as face coverings or avoiding face-to-face contact) where 2m is not possible.

Risk Assessment (with acknowledgment to British Canoeing)

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

Anyone who is symptomatic or suspects that they have been exposed to the virus is not to borrow any club kit or take part in any paddlesport activity.

BRIDGNORTH CANOE CLUB	Risk Assessor: Simon Turner	Date: 13-Jul-20 (draft)
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HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments / review date
Spread of COVID-19 Coronavirus - general	Club members, volunteers, paddlers and visitors to BCC. Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions.	Hand Washing: Hand washing facilities with soap and water in place. Stringent hand washing taking place. See hand washing guidance. https://www.gov.uk/government/news/public-information-campaign-focuses-on-handwashing Gel sanitisers in any area where washing facilities are not readily available/accessible.	Members are reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching your face, eyes, nose or mouth with unclean hands. To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice - https://www.publichealth.hscni.net/news/covid-19-coronavirus Cleaning Shared Equipment Any shared equipment should be wiped down with water and detergent/disinfectant before and after use. This	Committee to review. This Risk Assessment is for club nights on the River Severn, Bridgnorth and will be updated to reflect different venues. Update 15 th July

		<p>Information An efficient system of notifying members of the systems and protocols in place and what is expected of them, must be in place prior to reopening the club facilities.</p> <p>Social distancing Reduce the amount of people accessing the boat house for boats and equipment, comply with the 2-metre (6.5 foot) gap recommended by the Public Health Agency.</p> <p>The Boat House can be accessed by other users such as the Rugby Club:</p> <ul style="list-style-type: none"> • Access to be limited to BC Coaches or Quartermasters only; • Locks and gate to be sprayed with disinfectant before unlocked and opened 	<p>will include boats, paddles, buoyancy aids and any other shared objects/materials.</p> <p>Ensure club house has clear signage and information regarding precautions for managing COVID-19.</p> <p>Members must receive information in advance of attending the premises to enable them to prepare properly to follow the new systems and protocols. This will be communicated prior to any meetings.</p> <p>No more than 2 people in the boat house at any one time and to be controlled at the entrance.</p> <p>A disclaimer to be signed for each participant on the club night to facilitate Track & Trace if required</p>	
Spread of COVID-19 Coronavirus – pre-paddle and	Club members, volunteers, paddlers and visitors to BCC.	<p>Preparation</p> <ul style="list-style-type: none"> • Limit the number of paddlers per session i.e. pre-booked 1:4 (Coach : Paddlers) 	<p>Preparation Review any UK Gov or BC updates</p> <p>To manage pre-bookings</p>	<p>Committee to review.</p> <p>Update 15th July</p>

<p>on the water</p>		<ul style="list-style-type: none"> • Must have their own kit i.e. canoe / kayak; buoyancy aid, paddle, suitable clothing (wetsuit / dry suit) • Ability to self-rescue i.e. swim to bank of river Severn and recover their equipment • Be a member of BCC in 2019/2020 • A disinfectant solution (Milton) in a large black bin will be made available to clean any “borrowed” club kit pre and post paddling <p>On the water 1 Coach to 4 paddlers Hold briefings outside with physical distancing guidelines in place. Paddlers to be updated on latest procedures and techniques. Re-enforce briefings with key information.</p> <p>On the water participants:</p> <ul style="list-style-type: none"> • To stay within the limits of their ability. • When deciding to paddle, Weather forecast, temperature, wind speed, direction, river flow rate, sea state, tide, visibility, participants’ competence; and the types of craft involved will be taken into account for each activity. • Restricted paddling area on the river Severn (upstream no further than 	<p>Carrying the canoe or kayak to and from the boat house to the get-on can be shared i.e. two can share in the lifting as long as social distancing and hygiene measures are observed</p> <p>Membership extended to March 2021 for members in 2019/20</p> <p>Consider loaning “kit” for a season for those that do not have their own kit to minimise usage by others</p> <p>Dynamic risk assessment and any changes on the day or during the paddling activity to be documented and kept as a point of record by the Club Secretary.</p>	
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		<p>Money All payments to be made via BACS before a session. No cash to be accepted</p>		